

# **BASIC DESERT SAFETY**

**COMMUNICATION &  
PREPAREDNESS**



# WHAT TO KNOW BEFORE YOU GO

- Weather
- Conditions of road and capability of the vehicles – feel free to ask me, and if there is enough time, I will reach out to other staff who might have been in the area within the last week or so.
- General/Relevant health conditions of participants: Bee Allergy (location of Epi-Pen in pack), diabetes, heart condition, asthma, etc.
- Awareness of seasonal dangers: snakes, flooding, excessive heat, what poison oak looks like at different times of the year



# PREPARE:

- Prepare your kit – organize your bag with the necessities.
  - Recommendations:
    - First Aid Kit
    - Cellphone (w/ SURCOM # programmed in)
    - Headlamp/Flashlight w/Extra Batteries
    - Food and High Energy Snacks
    - Whistle
    - Sun Protection (Hat, Sunscreen, Lip Balm, Sunglasses)
    - Water
    - Layered Clothing
    - Cactus Spine Remover Kit: Comb/Tweezers/Pliers
- Prepare yourself – make sure you are feeling healthy, hydrated and fueled before you head out. If you are feeling unwell, don't put yourself (and others) in a risky position – cancel and reschedule.



**SURCOM: (951) 443-2964**

# PREPARE:



- Prepare your car –

- Tool Kit

- Extra Fluids (oil, coolant, gas, water)

- High lift jack

- Sand boards/Mats

- Tow rope/Strap/chain

- Shovel

- Spare Tire

- Signal Device (Mirror, Flares)

- Duct and Electrical Tape

# COMMUNICATION- KEEPING OTHERS INFORMED

- Make a Plan – Create an itinerary of where you plan to go
- Share your Plan – Text or call someone who is not in your group and let them know where you plan to go, how long you plan to be gone and when you plan to return. Another idea is to leave a note on your dashboard of where you plan to go, expected return time and an emergency number.
- Notice when you have cellphone service and when you are out of range. Try to always know where the nearest cell phone service is and be aware that it could be far away at our parks.
- Option to pick up and return park radio from me at the BARC, Monday-Friday, 7:30 a.m. to 4:00 p.m.

**IN THE FUTURE:**

**SAFETY CONTENT IN THE  
BULLETIN**

**SAFETY COURSE BY  
DON ENDICOTT ON APRIL  
17TH**

**SUGGESTIONS WELCOME**